

DECLUTTER YOUR HOUSE IN 7 DAYS

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DAY 1



Bedrooms

::Go through all closets and drawers. Donate old, worn clothes and shoes, or sell all items that are in good condition

::Donate any toys that haven't been played with recently.

::Organize toys into bins to help with clean up and keeping things tidy and together.

::Sell books that are no longer read

DAY 2

Bathrooms

::Clean out/wipe down/organize all things inside of the drawers or cabinets

::Throw away expired medicine, makeup or soaps

::Get rid of items you no longer use

::Organize the toiletries you are keeping using space saving storage.

::Organize towels and washcloths.



DAY 3

Office

::Throw out/shred old bills, paper documents you no longer need

::File papers that you need to keep.

::Organize pens or other writing utensils

::Organize office supplies



DAY 4

Kitchen

- ::Clean out the fridge by throwing old food out, expired/questionable condiments*
- ::Wipe down fridge shelves and doors*
- ::Organize items in your fridge*
- ::Pull out pantry items and throw away expired items*
- ::Organize the items in space saving storage bins*
- ::Sell or donate any kitchen items or appliances you no longer use*
- ::Clean out and organize drawers*
- ::Clean out junk drawer and throw away things that are literally "junk", then organize it*

DAY 5

Family Room/Dining Room

- ::Go through tv stand/cabinet*
- ::Donate anything unused, especially items that are cluttering.*
- ::Sell the decoration items that do not bring your joy anymore*

DAY 6

Garage

- ::Donate unused or broken tools*
- ::Go through children's' toys and donate old ones*
- ::Organize your space to make the most of it*